Master of Human Services Program Course Descriptions

HUS 600 Gerontological Seminar - 3 credits
The purposes of these seminars are to guide students in the analysis of critical issues in aging. These issues will be presented from a social system orientation. Special emphasis will be placed on the implication of these issues for minority elderly.

HUS 617 Theories and Processes of Aging - 3 credits
This course will assist students in understanding the aged population through presentation of theories and research on the aged and the aging processes. Special attention will be given to African-American, Hispanic, Asian and Native American population and the rural elderly.

HUS 627 Methods in Working with the Elderly - 3 credits
This course will develop and define problem-solving skills which address unique needs and conditions of the aged. Attention will be given to the nature of practice in a variety of service delivery systems.

HUS 637 The Frail Elderly - 3 credits
The purpose of this course is to guide students in the analysis, application and assessment of research from the behavior science to enhance their understanding of the needs of the frail elderly. Special emphasis will be placed on frail, low income, minority elders and family caregivers.

HUS 647 Cross-Cultural Perspectives to Aging - 3 credits
This course will help students develop skills to assess and describe demographic characteristics of the aged with specific focus on African-American, Hispanic, Asian, and Native American elderly.

HUS 648 Intervention and Treatment of Addiction - 3 credits
This course provides an understanding of the multiple factors that contribute to addictions and examines the cycles of addiction, personality and patterns of interaction. It includes the historic and generational influences on alcohol and drug abuse/dependence including adult children of alcoholics, enabling, and the family disease concept; the influences of Alcoholics Anonymous (AA), Narcotics Anonymous (NA), and 12 step philosophies in alcohol/drug treatment; and the uniqueness of treatment with special populations including sexual orientation, cultural dimensions, adolescents, women and the elderly. This course will examine contemporary drug issues relevant to the use and abuse of drugs. In addition, theoretical, and legal aspects of drug use will be presented. It will enable the students to become familiar with the general concepts and principles of drug and alcohol use, abuse and treatment modalities.

HUS 649 Tools and Models for Human Service Managers - 3 credits
It is only through effective and efficient management practices that human service agencies can achieve a broad humanistic vision. This course will provide students with a variety of management tools models and perspectives essential for creating and maintaining efficient practices and effective strategies within human services organizations.

HUS 651 Criminal Justice System - 3 credits
This course is an application of organizational and administrative theories to the Criminal Justice system. The four major orientations of administration include managerial, political, psychological
and sociological. The interlocking systems operating within the criminal and juvenile justice systems will be explored.

**HUS 657 Family Counseling and Care giving Challenges - 3 credits**
The first part of this course will give a cross-cultural & socio-historical review of families, while emphasizing the current status, including changes in marriage and family patterns. As well, paradigms for care giving across life stages will be explored. The second part will focus on interventions to promote family health and common approaches to family therapy. Timely topics such as marriage, family violence, AIDS, changing roles of women, impact on families of substance abuse or mental illness will be addressed.

**HUS 658 Social Welfare Problems and Policies - 3 credits**
This course provides foundation-level graduate human service students with an introduction to social welfare problems and policies. It is essential that human service workers at all practice levels understand the nature of social problems and the external influences that are fundamental to the creation and establishment of social welfare policies in the United States. Given human service's emphasis on the person-in-the-environment, practitioners must understand the development of social policies through which various social systems and society as a whole attempt to manage, control, minimize, and eliminate social problems and their effects. Professional human service workers also have professional responsibilities for the development and implementation of welfare policies and programs that are created in response to social problems. Human service workers must be capable of analyzing and influencing the development of social welfare policy.

**HUS 659 Planning and Effecting Community Change - 3 credits**
This course examines participatory planning as a systematic process for creating community change. It critically analyzes the sociopolitical context and core concepts of "planning for change," major models and methods of practice, and practical tools for engaging community members, assessing community strengths and needs, setting goals and making action plans, building support and collaborative partnerships for implementation, and evaluation as a participatory community-based approach. Emphasis is placed on working with oppressed groups in racially segregated and economically disinvested areas.

**HUS 662 Therapeutic Counseling and Human Service Delivery Applications of Clinical Description - 3 credits**
This course will examine a variety of assessment and testing methods, advanced interviewing procedures, and observational techniques associated with the formulation of diagnostic impressions and treatment plans in human service settings. Emphasis will be given to multi-modal and eclectic appraisals of cognitive, affective, social, vocational, interests/aptitude, achievement, intellectual and personality aspects of functioning. The course will also present frameworks and models for the development of assessment practices. Attention will be give to the function and origin of assessment and testing instruments and principles underlying counseling and clinical practice in various human services settings. Additionally, concepts identifying appropriate paradigms for diagnostic inferences will be covered. Guidelines for conducting the assessment process in an ethical and considerate manner will be presented. Much attention will be given to the implications of clinical assessment and testing for diagnosis, clinical decision making and treatment planning. The techniques, tools, instruments and models incorporated into the course content will be elucidated in a pragmatic manner to be utilized by counselors, clinicians and human service practitioners who might not necessarily administer psychological tests, but will, nevertheless, be responsible for making clinical judgments and interventions based upon an understanding of test results.
HUS 672 Principles of Psychopathology and Diagnosis - 3 credits
This course serves as an advanced practicum for students who have prior counseling experience and/or have completed a helping relationship practicum. This course provides a comprehensive review of current models and principles pertinent to the identification, description, and delineation of mental disorders. Concepts and terminology from the DSM-IV will be detailed and applied to an ongoing clinical helping relationship. Special emphasis will be placed upon the reasoning, judgments, and extrapolations that underlie the process of clinical diagnosis and appropriate treatment planning.

HUS 682 Counseling for Career Development - 3 credits
This course examines the role of the counselor in adult career development. The course is designed to teach theoretical frameworks and counseling skills for the career counseling process. The course includes an overview of theories of career development, as well as individual and programmed techniques for assessment, decision-making, and career search, advancement, and change. Students will apply course material to their own career development and to counseling specific clients in human service settings.

HUS 692 Counseling Internship - 3 credits
This course is designed to provide oversight and academic supervision for internship placement in a mental health/counseling agency setting. The student is expected to provide a variety of counseling services in a community human services agency under the site supervision of a licensed counselor or other qualified professional. Course work will focus on case supervision and discussion of counseling theories and skills to complement the internship experience.

HUS 711 Professional Ethics - 3 credits
The course focuses on the theoretical and historical background of ethics for human services with the primary attention given to philosophical traditions. Approaches to values are distinguished, e.g., philosophical, psychological and interdisciplinary.

HUS 712 Psychology of Life Span Human Development - 3 credits
Psychology of Life Span Human Development focuses upon psychological development throughout life span. Emphasis is placed on developmental theories and concepts focused on psychosocial, cognitive, emotional interpersonal, and moral aspects of growth and change. Students will be provided the opportunity for assessment of their own developmental process, self-needs and strengths. Theories will be applied to students' personal and professional experiences.

HUS 713 Introduction to Applied Sociology and General Systems Theory - 3 credits
The systems that humans use in personal/interpersonal functioning are identified and surveyed by use of General Systems Theory (GST). Emphasis is placed on General Systems Theory concepts as tools to examine both the interfaces of self and environmental systems along with other sociological theories and processes.

HUS 715 Theory and Practice Integration: Field Seminar I - 3 credits
In this seminar, students use theory and experience to develop a professional orientation to human services. Previous and current professional experiences and skills are understood in the context of agency mission and functioning, professional roles and organizational structure, and professional ethics and standards. Students are introduced to the concept of professional mentoring through the establishment of a Preceptor relationship. This seminar brings together the theory and applied concepts of the program. Students meet in small groups at a central field location to review theory
from classes in ethics, systems, psychology and skills, integrate this learning, and apply it to personal and professional experiences, following APA guidelines as appropriate. This course emphasizes career development in human services through the understanding of career-building activities and the documentation of professional skills and experiences. Students apply career development concepts through the creation of a two-part Practice Application project.

**HUS 722 Theories of Counseling - 3 credits**
The course focuses on theoretical perspectives of helping in a wide variety of human interaction situations. Theories of counseling will be examined and their application to other professional helping relationships will be discussed. Variables related to establishing and maintaining a helping relationship will be examined, e.g., assessment/intervention, rapport building, cultural competence and skill building. The stages of a helping relationship will be explored in class by role-plays, student simulation (case consultation), and problem solving formats. Emphasis is on understanding helping from the perspective of interpersonal dynamics and the components of behavior change.

**HUS 723 Social Deviance, Relevant Social Policy, Social Pathology, & Sociological Interventions - 3 credits**
This course will analyze some of the "dysfunctional" aspects of human systems on both the Micro and Macro levels, and how their structures, values, attitudes, processes, etc., impact upon or are affected by human service helping systems. The social problems to be scrutinized will include: Family Based Social Problems; Economic and Political Problems; Social Inequality (social stratification, poverty, race and ethnicity, sex and sexism, age and ageism), and Deviant Behavior (crime and the criminal justice system, mental disorders, substance abuse, etc.). These problems will primarily be considered from a social organization or "systems perspective" (Structural-Functionalism) although the perspective of Social Pathology, Symbolic Interactionism, Labeling, and Deviance will also be addressed. Course emphasis will focus on the interrelatedness of human service organizations as amelioration systems, which attempt to apply problem-solving strategies.

**HUS 724 Interviewing Skills (One-on-one counseling) - 3 credits**
This course is designed to provide students with opportunities to develop the knowledge, values and skills necessary for effective assistance to individual and client systems. Communication is a major component of human service practice, which is accomplished through the transmission, reception and interpretation of verbal, non-verbal, and written messages. Understanding and use of communication skills are essential for effective practice. This course integrates and supports learning through lecture, skills demonstration, discussions and case analysis. Students will develop skills in problem solving, effective communication and documentation.

**HUS 725 Theory and Practice Integration: Field Seminar II - 3 credits**
The course will provide students with the opportunity to integrate concepts learned in dimension classes with experiences encountered in the students' occupational environments. Problem solving in human service will be stressed. Students will develop a helping relationship with an individual, such as supervisor-supervisee, student-teacher, and others, and demonstrate mastery of appropriate helping relationship skills, theories and concepts in a written project report documenting the achievement of the project's helping objectives.

**HUS 731 Group Dynamics, Ethical Issues and Systems Analysis of Group Interaction - 3 credits**
The course focuses on theories of group dynamics with respect to styles of leadership and/or facilitation of group context and process, and conflict resolution. Behavior in face-to-face groups is
examined along the dimensions of task accomplishment, relationships among group members, and issues of cultural diversity. Ethical questions for groups and the formation of group norms as a values clarification process are considered. The difference between beliefs, attitudes and values will be delineated. Issues of institutional racism, sexism, classism, ageism, ethnocentrism, and homophobia will be examined for their impact upon norm formation. Group dynamics will be explored in a cultural context with the emphasis on valuing diversity and managing conflict. Conceptual tools from systems theory, communications sciences, cultural anthropology, and sociology will be employed to identify and explicit various behavioral patterns within different group settings. Emphasis will be placed upon intra-group and inter-group dynamics, intra-cultural and intercultural communications, as well as linkages between groups and larger social systems.

HUS 732 Integration and Application: Group Analysis and Social Research - 3 credits
This course will introduce students to basic human service and social science research, focusing on problem definition, literature review and assessment of needs. It will emphasize group processes and dynamics, and serve as a workshop in which students practice group skills to be applied to their professional activities as well as to an external group project in which students will function either as a group facilitator or field researcher through participant observation.

HUS 741 The Psychology and Ethics of Change in Social Service Agencies - 3 credits
This course examines the nature of prejudice and institutional "isms" with the focus on community work. The course reviews Workforce 2020 and presents model for understanding cross-cultural and learning to manage conflicts. Theories of motivation and behavioral change strategies for program development will be analyzed.

HUS 743 Social Systems intervention, marketing, managerial planning and outcome assessment - 3 credits
This course will examine various aspects of organizational management and the extension of managerial intelligence to the organization's surrounding community and other salient social systems in the larger macro environment. Concepts and tools will be drawn from systems theory, cybernetics, game theory, communication theory, marketing management, political science, public administration, and organizational outcome assessment.

HUS 744 Research I: Skills in Problem Solving, Research Methods and Program Planning and Evaluation - 3 credits
This first course in the final skills sequence focuses upon the descriptive analysis of data and presentation of findings. This course is a continuation of skills in Social Research & Problem Solving. Skills I Research findings will be analyzed, findings presented, and collusions will be drawn. Additionally, recommendations for future study will be explored. Limitations to methodology will be documented along with implication of these limitations. Students will be introduced to research based social program planning and grantsmanship strategies. Students will also further explore applied research through the introduction of evaluation research theory.

HUS 745 Theory and Practice Integration: Field Seminar IV - 3 credits
This Field Seminar provides the forum for the planning, development and discussion of a change project as well as the refinement of a professional literature review.

HUS 751 Ethics and Psychology of Social Intervention - 3 credits
This course will focus on the multi-cultural dimension of social change, individual historical aspects of change, the import of power arrangements conflict resolution processes and shifting roles of a
professional change agent, strategies and tactics for the implementation and institutionalization of program development will be explored.

**HUS 753 Social Systems Innovation and Change at the Organizational, Community and Societal levels - 3 credits**
This course will focus on the various aspects and implications of planned change, innovation, capacity building, and the analysis of future trends. Change and innovation will be fully explored both within human service organizations and larger social systems. Material from political science, systems theory, organizational development, public administration, social marketing, and public policy will be presented.

**HUS 754 Research II: Professional Peer Review Publications - 3 credits**
The Skills seminar is designed to introduce the student to professional writing in the field of human services through production of peer review journal article based on research-based observation processes conducted during the previous two competency units, or based on the change project initiated by the student. These observational processes and change projects include literature review, data collection and analysis, and/or project planning, implementation, and evaluation.

**HUS 755 Theory and Practice Integration: Field Seminar V - 3 credits**
This Field Seminar provides the forum for the development and practice of professional public speaking and presentation skills. Students make formal presentations of professional change projects which they have implemented.

**HUS 747: Sexuality Counseling and Consultation in Human Services - 3 credits**
This course is designed to acquaint the student with sexual issues and challenges that he/she may encounter as a counselor or consultant. The student will learn about the myriad of ways in which sexuality is expressed and interpreted. The student will also assess and determine which aspects of sexuality are in line with his/her own personal value system. This course does not permit the student to practice “sex therapy” but provides a solid foundation that encompasses philosophical, psychological, sociological, and ecological theories. This introductory course will desensitize and provoke introspection for counter-transference.

**HUS 757: Counseling Adolescents for the Human Services Professional - 3 credits**
The course is designed to present an overview of the basic concepts of counseling, research, theory (both historical and current) in the field of adolescent psychology. Specifically, students will have the opportunity to expand their knowledge and skills by engaging in dialogue and participating in structured activities/assignments that will familiarize them with clinical, developmental and sociological functioning/challenges of adolescents. As the basic concepts of adolescent psychology are attained, critical thinking/perspectives will be developed as individuals will be asked to compare and contrast relevant counseling techniques, research designs, cultural constructs, and social interventions.